

Hetton Lyons Primary School

Anti-Cyber Bullying Policy



Written by the children of
Hetton Lyons Primary School

Via

F.A.B Team 2018



Objectives of the Policy

Everyone should be aware of:

- What cyber bullying is
- Affects of cyber bullying on other children
- What you should do if you're being bullied online.
- How we can stop cyber bullying happening in our school.
- What cyber bullying looks like
- What online trolling looks like and how to prevent it.

What we would like our School to be like

We would like our school to be a friendly place, where everyone is treated with fairness and respect. Where children are kind to each other and feel safe and protected. We would like children to be confident and enjoy school.



What is Cyber Bullying?

Cyber bullying is hurting another person deliberately and constantly through posting mean things online or sending nasty messages.



What forms does Cyber-Bullying take place?

- Name Calling
- Racist Remarks
- Spreading Rumours
- Saying Nasty things that upset someone
- Hurting someone's feelings.
- Texts
- Nasty posts on social media: Facebook, Snapchat, Instagram
- Sending hurtful emails
- Ganging up on people



Why is it important to stop Cyber-Bullying?

- Bullying hurts
- Bullying can ruin lives
- Friendships won't be ruined
- So that everyone is confident about coming to school
- No one can be certain where the online posts can end up

Signs and symptoms of Bullying

We think that children may show signs that they are being bullied before telling someone about it.

The signs could be:

- Frightened of walking to or from school
- Doesn't want to come to school/trying to avoid school
- May pretend to be unwell
- Not doing well in class
- Not being themselves
- Run away
- Low confidence
- Stops eating
- Frightened to say what's wrong
- Making things up to impress other children
- May turn into a bully to make themselves feel better.



What should you do if you're being bullied online?

- Don't hide it
- Have courage
- Try to look them in the eye and say "Stop!"
- Don't retaliate.
- Tell a buddy, a friend or an adult
- Keep evidence (the adult might do this)
- Don't let them get away with it
- Don't make the bullies feel good about themselves.



What might happen to the Bullies?

The type of punishment will depend on the bully's behaviour and will be decided by the class teacher or head teacher.

- May have to see head teacher/class teacher
- Not allowed to take part in fun activities
- Parents informed
- Some other kind of punishment
- Excluded
- Daily report to Mrs Bell
- Teachers will keep a record.

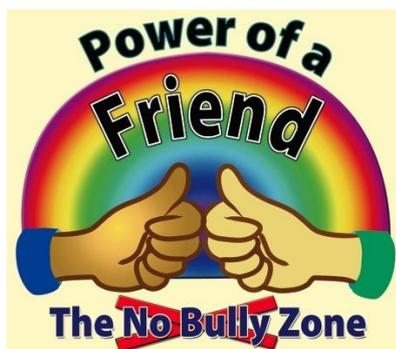


Who needs to know about this policy?

- Parents
- Teachers
- Children
- The Bully
- The School Governors
- Head teacher/Deputy Head teacher
- The child that is being bullied
- Someone that takes care of you

Why do these people need to know?

- To stop bullying
- So everyone knows what to do
- In case someone sees you getting bullied



Information for this policy was discussed and put together by the children who form the F.A.B. Team. It was written by the team during their meetings.

This policy goes alongside the other Anti-Bullying Policy, Cyber bullying policy and Behaviour Policy in School.



**Be a Buddy
Not a Bully**