

Hetton Lyons Primary School

Anti-Bullying Policy



Written by the children of
Hetton Lyons Primary School

Via

F.A.B Team 2018



Objectives of the Policy

Everyone should be aware of:

- What bullying is
- Affects of bullying on other children
- What you should do if you're being bullied.
- What to do if you're worried
- How we can stop bullying happening in our school.
- What bullying looks like

What we would like our School to be like

We would like our school to be a friendly place, where everyone is treated with fairness and respect. Where children are kind to each other and feel safe and protected. We would like children to be confident and enjoy school. We would like our school to be a place where everyone can be open about their feelings.



What is Bullying?

Bullying is hurting another person deliberately and constantly. Not just hurting someone physically but emotionally too.



What forms does Bullying take place?

- Name Calling
- Physically hurting someone
- Destroying other people's belongings
- Racist Remarks
- Spreading Rumours
- Saying Nasty things that upset someone
- Hurting someone's feelings.
- Cyber Bullying – texts, Facebook, Snapchat, Instagram, tik-tok
- Mobile phone/tablets
- Sending hurtful emails
- Leaving other children out
- Ganging up on people
- Taking things from your friends.



Why is it important to stop Bullying?

- Bullying hurts
- Bullying can ruin lives
- Everyone has the right to be treated with respect
- School will be a better place
- To make our school a safer place
- So that everyone is confident about coming to school
- Victim could react negatively and become a bully by repeating the behaviour that has happened to them.

Signs and symptoms of Bullying

We think that children may show signs that they are being bullied before telling someone about it.

The signs could be:

- Frightened of walking to or from school
- Doesn't want to come to school/trying to avoid school
- May pretend to be unwell
- Not doing well in class
- Not being themselves
- Run away
- Low confidence
- Stops eating/avoiding lunchtime
- Frightened to say what's wrong
- Making things up to impress other children
- May turn into a bully to make themselves feel better.
- Hurt themselves



What should you do if you're being bullied?

- Don't hide it
- Have courage
- Try to look them in the eye and say "Stop!"
- Don't retaliate, walk away and ignore the bully
- Tell a buddy, a friend or an adult
- Keep evidence (the adult might do this)
- Don't let them get away with it
- Don't make the bullies feel good about themselves
- Don't let them become in charge
- Phone NSPCC Child line and speak to someone in confidence – 0808 800 5000 or 0800 1111



What might happen to the Bullies?

The type of punishment will depend on the bully's behaviour and will be decided by the class teacher or head teacher.

- May have to see head teacher/class teacher
- Not allowed to take part in fun activities
- Miss playtime
- Parents informed
- Some other kind of punishment
- Excluded
- Daily report to Mrs Bell



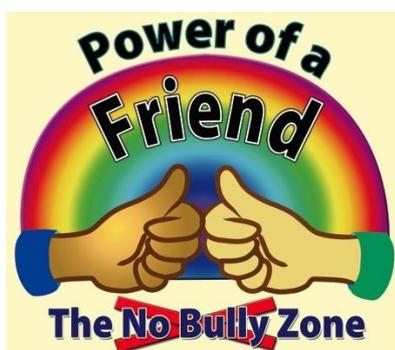
- Teachers will keep a record

Who needs to know about this policy?

- Parents
- Teachers
- Children
- The Bully
- The School Governors
- Head teacher/Deputy Head teacher
- The child that is being bullied
- Someone that takes care of you

Why do these people need to know?

- To stop bullying
- So everyone knows what to do
- In case someone sees you getting bullied



Information for this policy was discussed and put together by the children who form the F.A.B. Team. It was written by the team during their meetings.

This policy goes alongside the other Anti-Bullying Policy, Cyber bullying policy and Behaviour Policy in School.

The KIDSCAPE proforma was used and adapted.



**Be a Buddy
Not a Bully**